

# Little Jaws/Developmental

## **Who needs to be assessed?**

**ALL** potential and current Little Jaws swimmers.

Our Developmental Program is the future of Chesterbrook and our goal is to make your child's experience fun and rewarding while providing top-notch instruction. While we want as many children in our program as possible, it is also important to ensure the safety of our swimmers.

Accordingly, eligibility for the Developmental program is based on the following requirements.

## **Developmental Assessment Requirements:**

- **Must be age 5 by June 1, 2017.**
- All LJ swimmers must be able to swim a full **25-meter freestyle** without stopping.
- All LJ swimmers must be able to kick on their **back for a full 25-meters** without stopping.
- All LJ swimmers must **enter the water within 30 seconds** of their assessment starting, demonstrating a level of comfort with the water and in order to keep the schedule running on time.
- ALSO — We are thrilled with the popularity of our Little Jaws developmental team, *but we are only able to accommodate a finite number of members into the program*, and therefore, regardless of past participation, **assessments will be provided on a first come basis.**

If you are concerned that your child may not be able to complete all of these requirements, you are still encouraged to have them assessed. Please keep in mind that these requirements are based on a review of other local area swim programs and feedback from our coaches regarding past experiences. And as mentioned, these requirements are necessary to ensure the safety of your child as well as the safety of other swimmers on the team.

There will be two practices for the Developmental Program. Practice Group I will be from 7:15 am to 8:00 am. Practice Group II will be from 8:05 am to 8:50 am. Requests for particular groups will be accepted but cannot be promised. Following assessments, swimmers will be grouped according to ability and placed in the appropriate lane. We hope to have 5 to 7 swimmers per lane during each practice time.

Chesterbrook coaches reserve the right to ask any swimmer who cannot keep up in practice to take additional swim lessons. Swimmers asked to supplement their practices with lessons will still be allowed to swim in our Monday night meets.

If you have any questions please contact [swimteam@chesterbrookclub.com](mailto:swimteam@chesterbrookclub.com).