

# [Meet the Coaches](#)

## **Meet the 2017 Coaches**

**Head Coach - Katherine DeCrosta - [coachkatherine4cb@gmail.com](mailto:coachkatherine4cb@gmail.com)**

Katherine could not be happier to be returning again as Chesterbrook's Head Coach. She started at Chesterbrook in 2015 as our Little Jaws Head Coach, revamping our developmental program. After just one season, she was hooked on everything Chesterbrook! In 2016, Katherine moved from the upper pool to our lower pool as our Swim Team Head Coach. Prior to her time with us, Katherine served as part of the senior coaching staff for neighboring NVSL swim team, Tuckahoe, since 2005. She was Tuckahoe's Assistant Head Coach for the last six years of her time there. Katherine is a former coach for the York Swim Club and grew up swimming for Tuckahoe and Potomac Valley Swimming year-round. She was a 4-year scholar athlete and captain of the swim team at Langley High School and a 4-year scholar athlete and captain at Franklin & Marshall College (Division III). Katherine's resume away from the pool is equally impressive - with a VA Licensure in Special Education, K-12 and a Master of Education, Special Education from George Mason University. During the NVSL "off-season," you can find Katherine at Arlington's Discovery Elementary School where she works as a teacher in special education, at Dancing Mind where she teaches Baptiste Yoga, or walking her rescue dog, Lucky!

**Assistant Head Coach - Hans Crone - [coachhans4cb@gmail.com](mailto:coachhans4cb@gmail.com)**

After two seasons as part of the Swim Team coaching team, Hans returns this season as the Assistant Head Coach. As a former swimmer, Hans competed as a competitive freestyle and backstroker for 12 seasons. Graduating from Chesterbrook as a swimmer in 2014 was in no way a goodbye for Hans. He returned as an Assistant Coach the past two summers; a role that enabled Hans and his fellow coaches to share the love of swimming with the opportunity to further develop the culture of Chesterbrook's family and traditions. This summer, Hans looks forward to returning as Assistant Head Coach. Before the start of our 2017 season, Hans recently completed his junior year at the University of Colorado Boulder. He is double majoring with a degree in mechanical engineering and a degree in astrophysics and planetary sciences. He is also minoring in space engineering. When he isn't studying, you can find him at the pool as he is a member of the University's Swim Team. Hans shares: "I can't wait to see what all the swimmers will accomplish this summer! I think it's time for the triple crown!"

**Assistant Coach - Chris Outlaw - [coachchris4cb@gmail.com](mailto:coachchris4cb@gmail.com)**

Chris returns for his second year as part of the Swim Team coaching team, but has been a part of the Chesterbrook family since he was 4 years old. It was his experience growing up as a member of the Chesterbrook Swim Team that inspired and motivated him to continue his swimming career as a part of the Virginia Tech varsity team. He is looking forward to coaching on deck again for this upcoming summer season. Chris shares: "It's the beginning of a new era. I believe that we have started on the path to many successful years to come. In

order for us to get there, it's going to take hard work and a whole lot of fun. **Go Chesterbrook!**

**Junior Coach - Jessica Monroe** - [coachjessica4cb@gmail.com](mailto:coachjessica4cb@gmail.com)

Like Coach Erin, Jessica completed her freshman year at The University of Colorado, Boulder, where she is studying to graduate from Leeds School of Business with a dual major in finance and talent management. She returns to Chesterbrook this summer not as a swimmer, but to coach. An athlete since a young age, Jessica has experienced many different types of team dynamics - some more successful than others. She knows first hand that the team who supports each other is the team that will be successful. Jessica shares: "I had to come back as a coach to give back to this incredible Team. I love working with the younger swimmers and seeing them grow into strong and independent people. I look forward to a wonderful season full of fast swims, laughter, and great memories!

**Junior Coach - Griffin Morche** - [coachgriffin4cb@gmail.com](mailto:coachgriffin4cb@gmail.com)

Griffin swam for Chesterbrook from 2002 to 2016, coached Little Jaws for three seasons, and enters the 2017 for his first season coaching for the Swim Team. During his time as a swimmer, Griffin earned the Coach's Award in 2013 and the Most Spirited Award in 2016. In the water, he set the 15-18 200 free relay record in 2014. Griffin is a high school graduate of Gonzaga where he served as captain of the school's Swim Team. He is currently studying psychology at Fordham University. Griffin can't wait to kick off the 2017 season and shares two motivational quotes with the Team: "*Above all else, don't become discouraged by hard things. Remember, most successful men have started under discouraging conditions*" -Theodore N. Vail and "*Excellence is earned, not given*" -author unknown.

**Junior Coach - Erin Stuver** - [coacherin4cb@gmail.com](mailto:coacherin4cb@gmail.com)

Like Coach Jessica, Erin also completed her freshman year at The University of Colorado, Boulder. Erin is a familiar face on deck at Chesterbrook - former Swim Team member and long-time Little Jaws Coach, she could not be more excited to be return to the pool this summer... only now as a Swim Team Coach! She cannot wait to continue Chesterbrook's strong traditions and is determined to make this the most memorable summer yet. Erin shares: "Let's make this summer filled with as much fun as possible and win it all! **Go Chesterbrook!**"

**Junior Coach - Veronica Wolff** - [coachveronica4cb@gmail.com](mailto:coachveronica4cb@gmail.com)

Veronica returns this summer as a rising sophomore at Williams College and a member of the Varsity Swim and Dive team there. She is a long-time member of the Chesterbrook Family and competed for the Tiger Sharks every summer between the ages of 5 and 18. She notes that it was Chesterbrook's unique, supportive, and loving camaraderie and team spirit that kept her coming back - even now, as a first year coach for the Swim team. Veronica shares: "It has always been a dream of mine to coach the next generation of Tiger Sharks and I feel very blessed to have been given the opportunity to give back to the team I love so much. I am looking forward to a great season and can't wait to see you all on deck soon! **Go Chesterbrook!**"

**LITTLE JAWS Head Coach - Meagan McArthur - [coachmeagan4cb@gmail.com](mailto:coachmeagan4cb@gmail.com)**

A former Chesterbrook swimmer of 13 years, Meagan returns for her 6th season as a coach for the Little Jaws Program. While she was an Assistant Little Jaws Coach for 4 seasons, a Chesterbrook Winter Swim Assistant Coach for 6 seasons prior, and the Little Jaws Specialist last summer, she walks onto our pool deck this summer as the Little Jaws Head Coach. Meagan will work collaboratively with the Little Jaws Assistant Coaches and the Swim Team Junior Coaches to monitor and evaluate swimmers' progress in the water to identify areas of needed instruction, establish new Little Jaws events/traditions, and further promote a unified Team among the Little Jaws and the Swim Team. Before the start of our 2017 season, Meagan can be found completing her junior year as an Exercise Science, Pre-PT major at James Madison University. Coach Meagan shares: "My goal for this season is to ensure the Little Jaws Program continues its tradition of developing and growing a love of swimming and the Chesterbrook community. I look forward to collaborating with my fellow coaches and Little Jaws families to make sure each swimmer feels supported, successful, and connected to the Chesterbrook community."