



MEN'S AND WOMEN'S TENNIS TEAMS

Chesterbrook offers men's and women's tennis teams that practice and play inter-club matches in the spring and fall Tyson's Club League and Spring NVTL league.

For the safety and health of all participants, a minimum level of ability and fitness is required to join a Chesterbrook tennis team. If unsure, please contact the Managing Director, Farshad Garakani at chesterbrook@courtplayathletics.com

SPRING 2017 TYSONS CUP LEAGUE

WEEKLY MATCHES

- Men's matches are on Wednesday evenings from 7:00 to 9:00 pm beginning April 19th.
- Women's matches are on Monday evenings from 7:00 to 9:00 pm beginning April 17th.

The matches include singles and doubles. Enjoy wine or beer and appetizers after the matches with the other team members.

WEEKLY PRACTICES

- Men's practices are on Tuesday evenings from 7:30-9:00 run by the tennis pros. First practice is on Tuesday April 4th. There will be 10 practices.
- Women's practices are on Thursday evenings from 7:00 -8:30 run by the tennis pros. First practice is Monday April 3rd. There will be 10 practices.

REGISTRATION

Registration costs \$200 per person for those participating in practices AND league matches. Registration is \$25 per person for those playing in matches only. **All Members must register in order to play.** Register online at www.chesterbrookclub.com (under the Tennis tab, Adult Tennis)

SPRING 2017 NORTHERN VIRGINIA TENNIS LEAGUE (NVTL) TEAMS

Chesterbrook participates in the men's and women's Northern Virginia Tennis League during the Spring season only. The men's team does not hold practices. The NVTL women's teams (B and C) will continue to hold practices throughout the spring (please contact Farshad Garakani at farshad@courtplayathletics.com regarding placement on the appropriate level team).

SPRING NVTL MEN'S TENNIS TEAM

Chesterbrook hosts a men's tennis team that competes in the NVTL. The team competes on Saturday mornings for ten weeks from early May through late July. There are no practices for this group. Registration is \$25 per person for those playing in matches. **All Members must register in order to play.** Register online at www.chesterbrookclub.com (under the tennis tab, Adult Tennis).

SPRING NVTL WOMEN'S WEEKLY MATCHES

Chesterbrook offers two daytime women's NVTL teams – a "B" team (3.5+) and a "C" Team (2.5-3.0). The tennis pro will place players in the appropriate level team.

- "C" team matches will be on Tuesdays at 9:30 am beginning in early May.
- "B" team matches will be on Thursdays at 9:30 am beginning in early May.
- Both teams have 6 consecutive weekly matches.
- The matches are all doubles. Enjoy lunch after the matches with other team members.

SPRING NVTL WOMEN'S WEEKLY PRACTICES

- “C” team practices with the tennis pros are on Mondays beginning April 3rd from 9:00-10:30 am. There will be 10 practices.
- “B” team practices with the tennis pros are on Wednesdays beginning April 5th from 9:00-10:30 am. There will be 10 practices.

REGISTRATION

Registration is \$200 per person. **All members must register in order to play.** Register online at www.chesterbrookclub.com (under the Tennis tab).

SPRING WOMEN’S NVTL-NEXT PROGRAM

Chesterbrook has a developmental program called “NVTL-Next.” This program will run on Mondays from 10:30am-12:00pm. The NVTL-Next combines technical and tactical clinics with targeted match play scenarios in order to prepare players to join future NVTL “C” Teams. Registration is open for all ladies who are interested in joining NVTL Teams in subsequent seasons. Register for this program at www.chesterbrookclub.com under Tennis Tab, Adult Clinics.

QUESTIONS

For more information, contact Heather Pearce at tennisteam@chesterbrookclub.com.