

—— Play-2-Learn (2) ——

"Play-2-Learn (2)" players will have had playing experience in both training and competitive environments. However, prior to entering the next level, "Learn-2-Play", they may need work in one or more of the areas we deem fundamental to success in the program. Those areas can include but may not be limited to:

- 1. Footwork (split step, recovery, etc.)
- 2. Balance (static & dynamic)
- 3. Mastery of the continental grip
- 4. Tactical understanding and execution

Once they can consistently demonstrate proficiency in both competitive and training environments they have graduated to "Learn-2-Play".

Class Options:

Tuesday 11:30 AM 1:00 PM

Pricing:

Member \$168.75

Non - Member \$187.50