
CPR/AED for the Professional Rescuers Course

We are excited to offer you American Red Cross CPR/AED Blended Learning.

Dear Course Participant:

Course Description: This course is designed to prepare and certify students with CPR skill need for employment as a swim coach. This is a blended learning course. This means the initial introduction to the material is completed at the students own pace through online videos and section exams. This is the prerequisite for the in-person part of the course. All videos and online exams must be completed before attending the in-person portion. The second part of the course involves a 3-hour in-person skills session held at Chesterbrook pool. This will include skill assessments for various class topics (CPR, AED, Epinephrine Auto-Injection Pen, Asthma Inhaler, and Blood Bourne Pathogens), and a multiple choice certification exam. This course is a one-day course for certification. Those who complete the course will receive a certification for CPR for the Professional Rescuer from the American Red Cross which is valid for two years.

Course Requirement: This course requires completion of the online videos and exams from American Red Cross as well as completion of the in-person skill assessment and multiple-choice written exam (*minimum 80%*). The online portion will be completed at the students pace before the in-person skill session. To gain access to this, student must register an account and sign-up for this class using the link provided below. Payment for the course will be remitted to the instructor by check on the day of the skills session; COST- **\$150** made out to Mike Coleson.

IN-PERSON SKILLS SESSION SCHEDULE	
<u>In Person Skills Session</u> -Dates and Times	Saturday May 11 th or Sunday 19 th 9:00AM – 12:00PM (Participants Must attend full day)
<u>Location</u>	Chesterbrook Swim and Tennis Club 1812 Kirby Rd McLean, VA 22101

How to Registrar:

-Access the eLearning content using the following link:

<https://www.redcrosslearning.com/course/d7aeac00-2619-11e7-ba95-3b1151af8d64>

-After creating a log in using your email address and password, click “Launch Course” to begin.

-Once you have registered online, Send an email to Manager@ChesterbrookClub.com indicating which day you plan to attend the class. Participants are only required to attend one day for the In-person course.

Course Objectives:

Upon completion of this course, students should...

- Be able to perform CPR at the level of a professional rescuer on Adults, children and infants.
- Recognize an emergency situation, implement the facility’s emergency action plan and provide proper CPR skills needed to assist a cardiac emergency.
- Know correct use an AED machine, Epinephrine auto-injection pen and Asthma inhaler.
- Gain knowledge about a variety of illnesses and injuries and provide appropriate treatment and/or request addition help from Emergency Medical Staff (EMS).
- Receive American Red Cross certification needed to obtain a swim coaching position at Chesterbrook.

PC/TABLET REQUIREMENTS FOR ONLINE COURSE:	
Processor	Dual-core processor speed greater than or equal to 2.3GHz
Memory	4 GB
Operating Systems	Desktop: Microsoft Windows 7/8/10, OS X Snow Leopard 10.6+ Tablet: iPad iOS 7+ (Safari), Android 4.0.3+ (Google Chrome) This course is not supported on smartphone devices.
Browsers	IE10+, Chrome 49+, Firefox 47+, Safari 9+ Cookies, JavaScript, images and HTML5 audio/video must be supported
Screen Resolution	1024x768
Color Depth	High Color, 32 bit
Bandwidth	2.0 mbps dedicated or faster; broadband Internet access recommended
Audio	Soundcard and either speakers or headphones for multimedia audio

Please be prepared to provide proof that you completed the eLearning content using one of the following methods.

- Print or take a screen shot of your online course completion record available at the conclusion of the eLearning course and bring it to the first in-person skill session.
- Print or be prepared to display the course completion email that you will receive after successfully completing all eLearning content.
- Be prepared to login to the eLearning course on the first in-person skill session to display the completion status that appears above the “Launch Course” button.

If you have questions, please contact me directly at Manager@Chesterbrookclub.com

Sincerely,

Mike Coleson

Club Manager Chesterbrook Swim and Tennis Club

American Red Cross Instructor